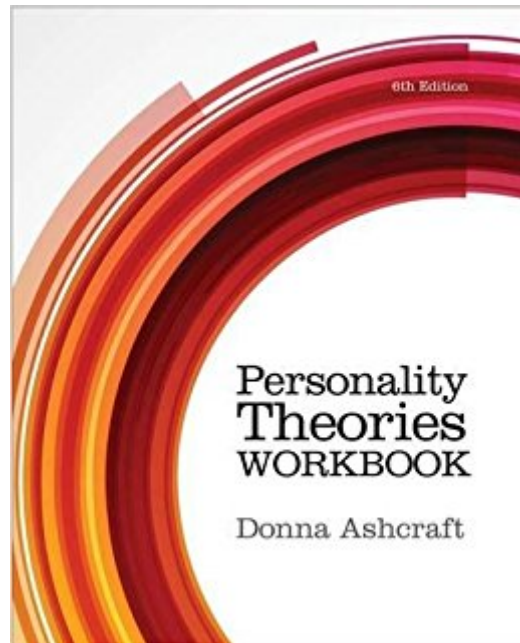




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Personality Theories Workbook



Synopsis

The case studies in PERSONALITY THEORIES WORKBOOK, Sixth Edition, help you learn and apply personality theories to real-life examples of typical--rather than solely abnormal--behavior. The wide range of case studies is accompanied by application questions that guide you through an analysis of each case, prompting you to consider how a particular theorist would view it. Theory comparison questions ensure that you understand the differences between each theory. Succinct, affordable, and accessible, PERSONALITY THEORIES WORKBOOK offers an excellent assortment of cases that help you really understand personality theories and concepts as well as how they apply in real life.

Book Information

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Customer Reviews

Be Unstoppable with Ashcraft's Personality Theories Workbook [View larger](#) [View larger](#) [View larger](#) [View larger](#) A solid understanding of the differences between theories. Critical-thinking questions and relevant exercises enable you to understand and apply each theory to real-world examples. Understanding personality theory. You'll be guided in comparing and contrasting theories, and be able to arrive at your own conclusions about the strengths and limitations of each theory. A little help along the way. Helpful Hints; offer guidance if you have trouble answering some of the application questions. Why am I learning this? Contributions; boxes help you understand the importance of learning each of the theories and what each theorist contributed to the field.

Donna Ashcraft is Professor of Psychology at Clarion University of Pennsylvania where she is active in CORAL (Collaborative Online Research and Learning), a task force dedicated to developing social constructivist pedagogy for the use of technology in the classroom. She received her BA in Psychology from State University of New York College at Buffalo and her MA and PhD in Social/Personality Psychology from State University of New York at Albany.

This workbook accompanies my Theories of Personalities class. The case studies are organized by theorist and each is followed by 2 sets of follow-up questions. The first focuses on applying that theorist's ideas to the case. The second goes deeper by comparing that theorist to another. This is a quality addition to the course. The cases are short, but the follow-up questions are in-depth.

This was a good book and it gave me all the info I needed for my class

I needed it for class. It was ok.

Great for school work.

The text is very well written textbook and fit in well with the psychology class. There are many interesting case studies.

Pretty helpful and concise. Good aid with books on great psychologists

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